

Welcome to the June 2010 Newsletter of CPD for Allied Health (www.cpdforalliedhealth.org)

Recently recorded presentations that can be viewed:

Sleep Studies – Physiological Basis & Clinical Practice – Bendigo – **Dr Robert Campagnaro**

Insomnia – Bendigo – **Assoc/Prof Gerard Kennedy**

How to run a focus group as part of qualitative research – Echuca – **Raj Samrai**

Loddon Mallee Allied Health Conference 'Emerging Realities of Allied Health Practice' – Echuca – the following presenters:

Health Promotion and ME/CFS (Myalgia Encephalopathy/Chronic Fatigue Syndrome): A chronic illness, working together in the community -

Alison Copley

Reflective Practice Online: Can online tools support isolated practitioners to keep in touch? - **Helen Hickson**

Becoming Health Futurists: Adapting practice to climate change impacts - **Jennifer Lehmann**

Introducing Solids – a community development nutrition program in a small rural setting - **Rosemary Duffield**

The 'Shaken not Stirred' approach to modified textured diets - **Sally Mitchell**

Single to Multi-disciplinary Paediatric Services – a small rural community health experience - **Wendy Taverna, Naomi Chivell & Simone Trevillian**

Integrated Assessment Partnership Project - **Stacy Williams & Faye Wallis**

The Active Service Model - **Yvonne Parsons**

Supporting Self Management: Common Models and Approaches – Warracknabeal – **Rhonda Petschel**

Chronic Disease & Mental Health Forum – Hamilton – the following presenters:

Early intervention: Screening for Mental Health – tools and how to use them, tips for health professionals - **Angela O'Brien**

Consumer Experience - **Ellen Muscat**

The Evidence: Where are we headed? Best Practice for early identification and management of Mental Health and Chronic Disease - **Kate Schlicht**

Overview: Understanding Mental Health & Wellbeing – National Workforce Training Program, Because Mental Health Matters - **Kim Freeman**

The fastest and most direct way to see what recordings are available on our website is to go to Presentations, Allied Health, Disciplines and select All.

CPD for Allied Health - Upcoming Presentations in Victoria

Date: 2 & 3 June 2010

Presentation: Self Management, Team and Leadership Course (2 day)

Presenter: Raj Samrai – Research Fellow with SAHWEP, Education & Training

Venue: Moyne Health Services, Villiers Room, Primary Care Building, Villiers St, Port Fairy

Time: 9.00am to 4.00pm

Book online at www.cpdforalliedhealth.org or phone Katie Dopheide 03 55 518448 or email katie.dopheide@greaterhealth.org

Cost free, coffee/tea and lunch provided

Date: 13 & 14 July 2010

Presentation: Self Management, Team and Leadership Course (2 day)

Presenter: Raj Samrai – Research Fellow with SAHWEP, Education & Training

Venue: Robinvale District Health Services, Latje Road, Robinvale

Time: 9.30am to 4.30pm

Book online at www.cpdforalliedhealth.org or phone Katie Dopheide 03 55 518448 or email katie.dopheide@greaterhealth.org

Cost free, coffee/tea and lunch provided

Date: 21 & 22 July 2010

Presentation: Self Management, Team and Leadership Course (2 day)

Presenter: Raj Samrai – Research Fellow with SAHWEP, Education & Training

Venue: Community Health Centre, Corner Cooper & Myrtle Street, Alexandria

Time: 9.00am to 4.00pm

Book online at www.cpdforalliedhealth.org or phone Katie Dopheide 03 55 518448 or email katie.dopheide@greaterhealth.org

Cost free, coffee/tea provided

Date: 29 July 2010

Presentations:

Teamwork and Meetings

Leadership

Presenter: Raj Samrai – Research Fellow with SAHWEP, Education & Training

Venue: Education Centre, Stawell Hospital, Sloane St, Stawell

Time: 10.30am to 3.30pm

Book online at www.cpdforalliedhealth.org or phone Katie Dopheide 03 55 518448 or email katie.dopheide@greaterhealth.org

Cost free, coffee/tea provided

Date: 4 August 2010

Presentations:

Population Health in Victoria: health inequalities

Stress in Allied Health – How to Cope and Become More Efficient

Supporting Self Management: Common Models and Approaches & Motivational Counselling

Presenter: Raj Samrai – Research Fellow with SAHWEP, Education & Training

Venue: Lecture Room, Swan Hill District Health, Splatt Street, Swan Hill

Time: 9.30am to 4.00pm

Book online at www.cpdforalliedhealth.org or phone Katie Dopheide 03 55 518448 or email katie.dopheide@greaterhealth.org

Cost free, coffee/tea and lunch provided

Date: 5 August 2010

Presentations:

Time Management and Stress

Communication Skills and Conflict Resolution

Supporting Self Management: Common Models and Approaches & Motivational Counselling

Presenter: Raj Samrai – Research Fellow with SAHWEP, Education & Training

Venue: Mildura Base Hospital, Conference Room, Ontario Avenue, Mildura

Time: 9.00am to 4.30pm

Book online at www.cpdforalliedhealth.org or phone Katie Dopheide 03 55 518448 or email katie.dopheide@greaterhealth.org

Cost free, coffee/tea provided

Date: 24 August 2010

Presentations:

Searching Electronic Databases for Evidence-based Information

Appraising Evidence Obtained from the Literature

Presenter: Raj Samrai – Research Fellow with SAHWEP, Education & Training

Venue: Stawell Health and Community Centre (Gold Reef) Patrick Street, Stawell

Time: 10.00am to 2.30pm

Book online at www.cpdforalliedhealth.org or phone Katie Dopheide 03 55 518448 or email katie.dopheide@greaterhealth.org

Cost free, coffee/tea and lunch provided

Date: 25 August 2010

Presentations:

Population Health in Victoria: Health Inequalities

Indigenous Health and Cultural Safety in Clinical Practice

Presenter: Raj Samrai – Research Fellow with SAHWEP, Education & Training

Venue: Education Centre, Stawell Hospital, Sloane St, Stawell

Time: 11.00am to 3.00pm

Book online at www.cpdforalliedhealth.org or phone Katie Dopheide 03 55 518448 or email katie.dopheide@greaterhealth.org

Cost free, coffee/tea provided

Date: 14 September 2010

Presentations:

Population Health in Victoria: Health Inequalities

Presenter: Raj Samrai – Research Fellow with SAHWEP, Education & Training

Venue: Otway Tutorial Room, Otway Pioneer Building, Colac Area Health, 2 – 28 Connor Street, Colac

Time: 2.15pm to 3.15pm

Book online at www.cpdforalliedhealth.org or phone Katie Dopheide 03 55 518448 or email katie.dopheide@greaterhealth.org

Cost free

Date: 28 September 2010

Presentations:

Personality Styles and Listening Skills

Communication Skills and Conflict Resolution

Leadership

Presenter: Raj Samrai – Research Fellow with SAHWEP, Education & Training

Venue: Education Building, Lecture Room, Benalla Hospital, Benalla

Time: 8.45am to 4.00pm

Book online at www.cpdforalliedhealth.org or phone Katie Dopheide 03 55 518448 or email katie.dopheide@greaterhealth.org

Cost free, coffee/tea, lunch provided

Date: 29 September 2010

Presentation:

How to Care, What to Say

Presenter: Marissa Clarkson, Grief and Bereavement Consultant, Ovens and King Community Health Service

Venue: Community Room, Ovens and King Community Health Service, Ground Floor, 90 – 100 Ovens Street, Wangaratta

Time: 10.30am – 1.30pm

Book online at www.cpdforalliedhealth.org or phone Katie Dopheide 03 55 518448 or email katie.dopheide@greaterhealth.org

Cost free, coffee/tea provided

Date: 30 September 2010

Presentations:

**Searching Electronic Databases for Evidence-based Information
Use of Valid and Reliable Outcome Measures in Clinical Practice**

Presenter: Raj Samrai – Research Fellow with SAHWEP, Education & Training

Venue: CRC Allied Health Building, 73 – 75 Vermont Street, Wodonga

Time: 8.30am – 9.30am

Book online at www.cpdforalliedhealth.org or phone Katie Dopheide 03 55 518448 or email katie.dopheide@greaterhealth.org

Cost free

Date: 30 September 2010

Presentation:

Time Management and Stress

Presenter: Raj Samrai – Research Fellow with SAHWEP, Education & Training

Venue: Education Building, Lecture Room, Benalla Hospital, Benalla

Time: 12.00pm to 1.00pm

Book online at www.cpdforalliedhealth.org or phone Katie Dopheide 03 55 518448 or email katie.dopheide@greaterhealth.org

Cost free

Date: 6 & 7 October 2010

Presentation: Self Management, Team and Leadership Course (2 day)

Presenter: Raj Samrai – Research Fellow with SAHWEP, Education & Training

Venue: Group Meeting Room, Community Health, Kyabram District Health Service, Kyabram

Time: 9.00am to 4.00pm

Book online at www.cpdforalliedhealth.org or phone Katie Dopheide 03 55 518448 or email katie.dopheide@greaterhealth.org

Cost free, coffee/tea provided

The following presentations can be delivered in your local work area on request at no cost in Victoria

Presentation and Workshop Topics

- Population health in Victoria: Health inequalities (1 - 1.5 hours)
- Indigenous health and cultural safety in clinical practice (1 - 1.5 hours)
- Program adherence issues in older people (1 - 1.5 hours)
- Use of valid and reliable outcome measures in clinical practice (1 - 1.5 hours)
- How to run a focus group as part of qualitative research (1 - 1.5 hours)
- Stress in allied health - How to cope and become more efficient (1 - 1.5 hours)
- Learning Styles and Adult Learning Theory (2 hours)

- Supporting Self Management: Common Models and Approaches (1 - 1.5 hours)
- Motivational Counselling in Chronic Disease Management (2 hours)
- Supporting Self Management: Common Models and Approaches & Motivational Counselling combined (2.5 - 3 hours)

- Emotional Intelligence and Choice Theory (1 hour)
- Time Management & Stress (1 hour)
- Personality Styles & Listening Skills (2 hours)
- Communication Skills and Conflict Resolution (2 hours)
- Teamwork and Meetings (2 hours)
- Leadership (2 hours)

- Self Management, Team and Leadership Course (2 day) this course combines the above 6 presentations

If you require any additional information regarding any of the above contact katie.dopheide@greaterhealth.org